



# Warren CERT eNews



**Not if..... When Always Vigilant - Always Prepared**

Volume 5 Issue 5

May 2019

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization as well as further your capabilities in a disaster or emergency situation. - *Michael Riley*

## IN THIS EDITION

Drowning Doesn't Look Like Drowning

The Streets of Warren

The month in review

Scheduled Events & Training

Warren CERT Stuff

Do1Thing

Cool Products Page

## DROWNING DOESN'T LOOK LIKE DROWNING

### In 10 percent of drownings, adults are nearby but have no idea the victim is dying.

The new captain jumped from the deck, fully dressed, and sprinted through the water. A former life-guard, he kept his eyes on his victim and headed straight for a couple who were swimming between their anchored sportfish and the beach. "I think he thinks you're drowning," the husband said to his wife. They had been splashing each other, and she had screamed, but now they were just standing neck-deep on a sandbar. "We're fine, what is he doing?" she asked, a little annoyed. "We're fine!" the husband yelled, waving him off, but his captain kept swimming hard toward him. "Move!" he barked as he sprinted between the stunned owners. Directly behind them, not 10 feet away, their nine-year-old daughter was drowning. Safely above the surface in the arms of the captain, she burst into tears and screamed, "Daddy!"

How did this captain know — from 50 feet away — what the father couldn't recognize from just 10? Drowning is not the violent, splashing call for help that most people expect. The captain was trained to recognize drowning by experts and years of experience. The father, on the other hand, learned what drowning looks like by watching television.

If you spend time on or near the water (hint: that's all of us), then you should make sure that you and your crew know what to look for when people enter the water. Until she cried a tearful, "Daddy," the owner's daughter hadn't made a sound. As a former Coast Guard rescue swimmer, I wasn't surprised at all by this story. Drowning is almost always a deceptively quiet event. The waving, splashing and yelling that dramatic conditioning (television) prepares us to look for is rarely seen in real life.

## THE STREETS OF WARREN

To determine where a North / South address is you can use these tricks:

Address number, minus 5000, divided by two.

A texcom alert goes out to for all available CERT members to meet at 30130 Van Dyke.

$30130 - 5000 = 25130$     $25130/2 = 12565$  or 12.5 Your meeting location is around 12 1/2 Mile Rd

20700 = 8 Mile Rd

21700 = Toepher Rd

23000 = 9 Mile Rd

24000 = Stephens Rd

25000 = 10 Mile Rd

27000 = 11 Mile Rd

28000 = Martin Rd

29000 = 12 Mile Rd

30000 = Common Rd

31000 = 13 Mile Rd

32000 = Masonic Rd

33000 = 14 Mile Rd

15200 = Hayes Rd

13600 = Schoenherr Rd

11600 = Hoover Rd

8000 = Van Dyke Ave

5900 = Mound Rd

4100 = Ryan Rd

1900 = Deguindre Rd

Address and Street reference are approximate and may deviate slightly

### **East / West Streets -**

Even Addresses are on the South side of Street

Odd Addresses are on the North side of Street

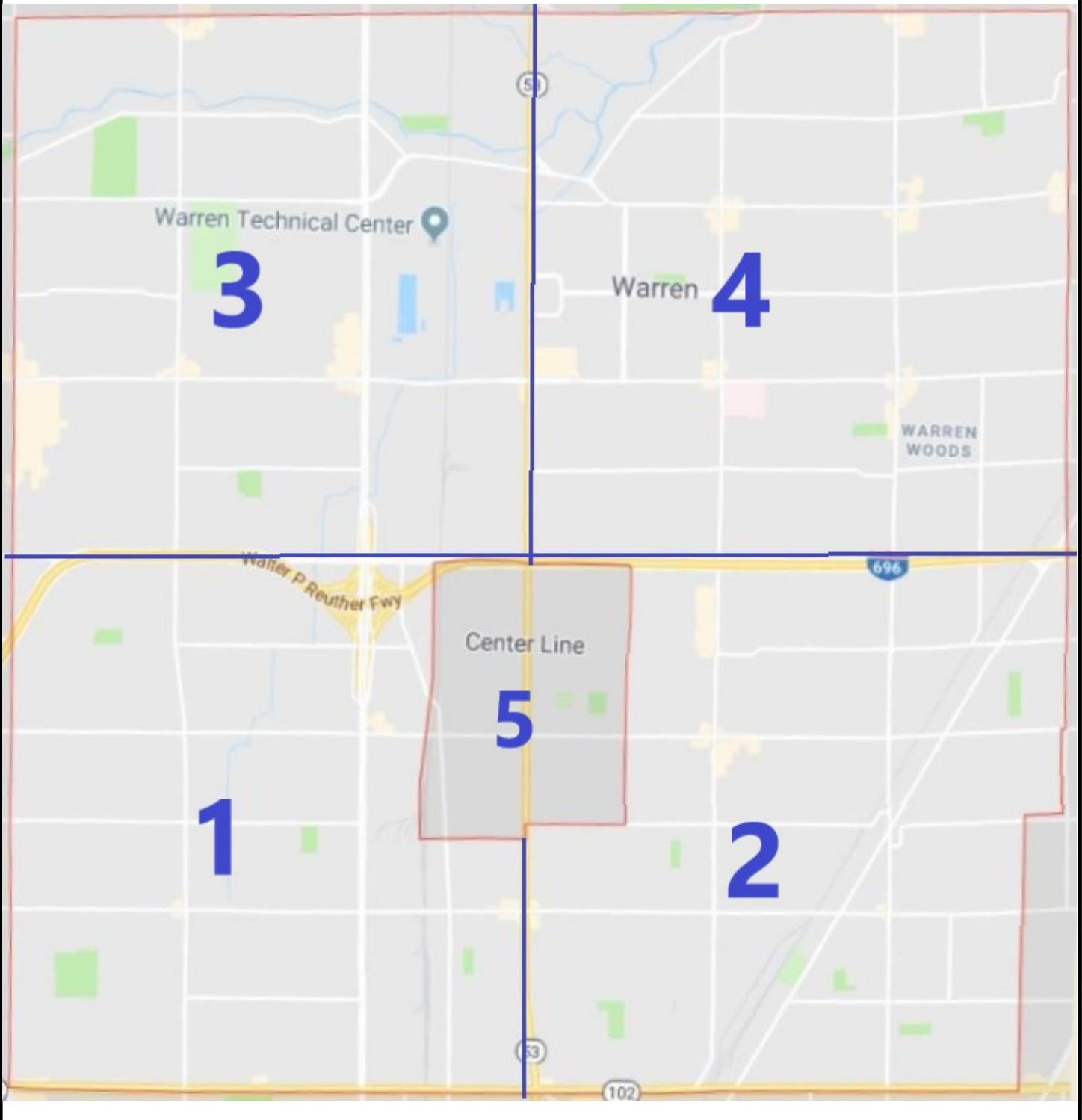
### **North / South Streets -**

Even Addresses are on East side of Street

Odd Addresses are on West side of Street

## CERT ZONES

- Zone 1 8 Mile to 11 Mile / 696 - Dequindre to Van Dyke
- Zone 2 8 Mile to 11 Mile / 696 - Van Dyke to Hayes
- Zone 3 11 Mile / 696 to 14 Mile Rd - Dequindre to Van Dyke
- Zone 4 11 Mile / 696 to 14 Mile Rd - Van Dyke to Hayes
- Zone 5 Center Line and an other area outside the city



## DROWNING DOESN'T LOOK LIKE DROWNING

The Instinctive Drowning Response, so named by Francesco A. Pia, Ph.D., is what people do to avoid actual or perceived suffocation in the water. And it does not look like most people expect it to. When someone is drowning there is very little splashing, and no waving or yelling or calling for help of any kind. To get an idea of just how quiet and undramatic drowning can be, consider this: It is the number two cause of accidental death in children age 15 and under (just behind vehicle accidents). Of the approximately 750 children who will drown next year, about 375 of them will do so within 25 yards of a parent or other adult. In 10 percent of those drownings, the adult will actually watch them do it, having no idea it is happening.

Drowning does not look like drowning. Dr. Pia, in an article he wrote for the Coast Guard's On Scene magazine, described the instinctive drowning response like this:

*Except in rare circumstances, drowning people are physiologically unable to call out for help. The respiratory system was designed for breathing. Speech is a secondary or overlaid function. Breathing must be fulfilled before speech occurs.*

***Drowning people's mouths alternately sink below and reappear above the surface of the water.*** The mouths of drowning people are not above the surface of the water long enough for them to exhale, inhale and call out for help. When the drowning people's mouths are above the surface, they exhale and inhale quickly as their mouths start to sink below the surface of the water.

**Drowning people cannot wave for help.** Nature instinctively forces them to extend their arms laterally and press down on the water's surface. Pressing down on the surface of the water permits drowning people to leverage their bodies so they can lift their mouths out of the water to breathe.

***Throughout the Instinctive Drowning Response, drowning people cannot voluntarily control their arm movements.*** Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer or reaching out for a piece of rescue equipment.

**From beginning to end of the Instinctive Drowning Response, people's bodies remain upright in the water,** with no evidence of a supporting kick. Unless rescued by a trained lifeguard, these drowning people can only struggle on the surface of the water from 20 to 60 seconds before submersion occurs. (Source: On Scene magazine: Fall 2006 page 14)

This doesn't mean that a person who is yelling for help and thrashing isn't in real trouble — they are experiencing aquatic distress. Not always present before the instinctive drowning response, aquatic distress doesn't last long, but unlike true drowning, these victims can still assist in their own rescue. They can grab lifelines, reach for throw rings, etc.

## [Instinctive Drowning Response Video](#)

## **Look for these other signs of drowning:**

- > Head low in the water, mouth at water level**
- > Head tilted back with mouth open**
- > Eyes glassy and empty, unable to focus**
- > Eyes closed**
- > Hair over forehead or eyes**
- > Not using legs**
- > Hyperventilating or gasping**
- > Trying to swim in a particular direction but not making headway**
- > Trying to roll over onto the back**
- > Appears to be climbing an invisible ladder**

So, if a crewmember falls overboard and everything looks okay, don't be too sure. Sometimes the most common indication that someone is drowning is that they don't look as if they're drowning. They may just look as if they are treading water and looking up at the deck. One way to be sure? Ask them, "Are you alright?" If they can answer at all, they probably are. If they return a blank stare, you may have less than 30 seconds to get to them. And parents — children playing in the water make noise. When they get quiet, you need to get to them and find out why

By [Mario Vittone](#)

Mario Vittone retired from the U.S. Coast Guard after 22 years in maritime operations. He now directs the maritime division at VLinc Corporation.

<https://www.facebook.com/watersafety/>

**[Before you take your family to a pool or water slide read this](#)**

## THE MONTH IN REVIEW - CALL OUTS, DEPLOYMENTS, AND EVENTS

April 6, 2019	General Membership Meeting
April 6, 2019	City Siren Check
April 11, 2019	Accident Martin & VanDyke
April 13, 2019	New Member Orientation
April 14, 2019	Executive Board Meeting
April 14, 2019	Multiple Traffic Lights out
April 22, 2019	11 Mile & Sherwood Down Wire
April 27, 2019	Big Brew Fest
April 27, 2019	Spring Animal Clinic

**509.75 Total Volunteer Hours**

**203.25 - Call-Out / Events**

**114.5 - Meeting / Training Hours**

**192 - Executive Board / Administrative / Education**

Although the IRS does not assign or allow volunteer hours a dollar amount many state and federal entities do assign a value to volunteer hours.

According to todays rate of \$24.69 the CERT team has performed

**\$12,585.73**

**dollars of service to the residents and city of Warren this month.**

## UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

Sat Jun	1	09:00 - 13:00	General Membership Meeting
Sat Jun	8	09:30 - 11:00	Crusin53 Parade Rd Closure
Sat Jun	8	19:00 - 24:00	Centerline Fireworks Traffic
Tue Jun	11	07:00 - 15:00	BathTub FSE
Sat Jul	TBD	TBD	Dairy Queen Safety Day Fundraiser
Sat Jul	20	09:00 - 13:00	Warren Shred Day
Sun Jul	21	TBD	Police & Fire Open House—Police Headquarters
Sat Aug	3	09:00 - 13:00	General Membership Meeting
Thu Aug	8	07:00 - 15:00	Warren PD FSE
Sat Aug	24	18:00 - 23:00	Birthday Bash Fireworks
Sat Sep	21	08:30 - 14:30	Animal Welfare Clinic *Tenative
Sat Oct	5	09:00 - 13:00	General Membership Meeting
Sat Oct	19	TBD	Trunk N Treat City Square
Sat Dec	2	17:00 - 21:00	Tree Lightning
Sat Dec	7	09:00 - 13:00	General Membership Meeting / Family Appreciation Brunch

Unless otherwise indicated meetings will be held at

**Warren Community Center 5460 Arden Ave, Warren, MI 48092**

Watch the CERT Calendar for the latest location information and other training dates.

**[Make sure you follow Warren CERT on Facebook & Twitter](#)**

<https://www.facebook.com/wrncert/>

[@WarrenCERT](#)

## CHECK THIS OUT

Special arrangements have been made for active Warren CERT members to join the Warren Community Center.



See your email for specifics.

Minimum hours required!

## HOW'S YOUR KIT?

Emergencies happen at any time. Be Ready by having the items you can't live without in one place so you can grab and go.



MEDICATION



AN EXTRA SET OF KEYS



SOME WATER & SNACK BARS



A CHANGE OF CLOTHES



EYEGLASSES OR CONTACT LENSES



CASH IN SMALL BILLS



A FIRST-AID KIT



FLASHLIGHT



A COPY OF YOUR ID



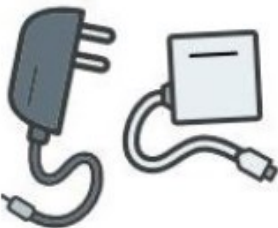
A PORTABLE RADIO



RESPIRATOR FACE MASK



HEARING AIDS



CHARGING CABLES FOR YOUR CELLPHONE AND A PORTABLE CELLPHONE BATTERY PACK



[warrencert.org](http://warrencert.org)

## EXECUTIVE BOARD

<u>Title</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>	<u>Ham Call Sign</u>
Director	Michael Riley	586-943-6110	mriley@warrencert.org	kd8fmg
Dep. Director	Mike Rose II	586-855-1685	mrose@warrencert.org	ke8cih
Coordinator	Mike Slupinski	586-214-4704	deploytheyak@outlook.com	kd8vdz
Coordinator	JoAnn Christian	586-980-2055	kd8stz@yahoo.com	kd8stz
Coordinator	Ryan Prouse	248-259-1226	ryanprouse68@gmail.com	kd8ygv
Coordinator	Sandra Jones	586-457-6159	sgjones586@gmail.com	
Coordinator	Ron Mesic	248-830-8450	rmesic@gmail.com	n8xz
Coordinator	Eric Bordeaux	586-242-4996	ericbordeaux@comcast.net	
Secretary	Angela Middleswart	586-219-4329	amiddleswart@warrencert.org	
Coordinator	Rex Marshall	586-933-3886	rexmarshall44@yahoo.com	

## PRESIDENT'S VOLUNTEER SERVICE AWARD

The President's Volunteer Service Award (PVSA) is the premier volunteer awards program, encouraging citizens to live a life of service through presidential gratitude and national recognition.

The President's Volunteer Service Award is an initiative of the Corporation for National and Community Service (CNCS) and is administered by Points of Light. Through a shared mission of inspiring more to answer the call to service, the President's Volunteer Service Award celebrates the impact we can all make in bettering our communities and our world.

As another level of recognition and acknowledgement for all the time volunteered by our members CERT has added the ability for members to qualify for the **President's Volunteer Service Award** or PVSA.

Please go to <https://www.presidentialserviceawards.gov/register-vo> and create your own account. Each person must create your own account! To associate your account to the Warren CERT team you must reference our **Record of Service Key WBU-4628**

**Every member should sign-up and start to log all your community service.** You can list any service; it does not have to be directly related to CERT. As you can see below there are references to many different types of service.

Any community volunteer work is allowed to be added for review. Any other groups or teams you volunteer can be submitted for consideration. For example RACES/ARES, Ducks Ltd., any city commissions, Red Cross, any non-compensated training you do or work you perform may be submitted.



## LED SAFETY FLARES

The executive board has made a large purchase of LED Flares and will be handing some out to the members who have worked the most traffic call-outs. We will also be selling some, at a reduced rate to all members.\*

We will be selling the LED Flares to members for \$5.00 per unit. This is approx. one third off of regular retail.

The first order has arrived and these are 3 packs with a carrying bag. The cost will be \$15.00 per 3pack. No splitting of packs permitted. We have other flares coming that are individual and those will be sold one at a time.



\* Sales will be based on participation priority! Other restrictions may apply. Subsequent orders will be over the next few months.

## CERT POLICIES MEMBERS NEED TO KNOW

Warren CERT ID and Lanyard can ONLY be worn when activated as Warren CERT and must NOT be visible when stored in your vehicle. Do not keep lanyards in your cup holders, hanging from your rear view mirror, or other obvious place. You need to assure it does not get stolen or is used to misrepresent the team.

When deployed on Warren CERT events, logos and ID's from any other agency's cannot be worn. This includes, but is not limited to Badges (Security, Hospital, Work, etc.), Shirts or uniforms with logos of other agencies (Police, Sheriff, Fire, Ambulance, Security, even other CERT teams). Displaying multiple identifying marks causes confusion and can possibly place you in unwanted and dangerous circumstances.

Under no circumstances should you self-deploy!! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE ON YOUR OWN! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE NOT COVERED BY THE CITY! If you decide to offer assistance without being called out by during a city sanctioned event you are doing so as a civilian and assume all responsibility.

You are authorized to use your red warning light while on official CERT call-outs or events and when you are using it according to CERT guidelines. You must be stationary while it is in use. You are only authorized to use it while in the city of Warren. Your light should not be visible outside of the city

Warren CERT has a Chain of Command and every member is subject to follow it. If you ever have any questions or problems bring it to your executive board. No member will email or call a city official concerning a CERT topic without having gone thru the executive board or Emergency Manager.

Under no circumstances should any member attempt to approach or attempt to move any downed wire!

All safety policies and procedures must be followed at all times.

All members, at all times, must exhibit professionalism.

No smoking, indecent or lewd behavior or discussion will be tolerated.

**ANY VIOLATION OF THE ABOVE GUIDELINES COULD RESULT IN DISCIPLINARY ACTION, EXPULSION FROM THE CERT TEAM OR CRIMINAL CHARGES.**

## IMPORTANT INFO

**Remember to call 586-960-5315 and leave your name, time arrived, time departed, and what scene or event your calling about!**

**Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)**

**Don't forget to tell your friends and neighbors, about CERT.  
We're always looking for good people.**

**[Apply at warrencert.org](http://warrencert.org)**

**Make sure you continue to receive this eLetter and are signed up to the electronic version of the official CERT calendar.**

***[Check your texcom.com info to assure its current!](http://texcom.com)***

## Warren CERT Call-Out Procedures

Warren CERT uses Texcom.com as its primary dispatch and notification system.

All CERT members must be registered with Texcom with SMS (texting) and email. *An exception is allowed for members that do not use texting or email.*

When a call out request is received from an official source the on-duty CERT dispatcher will immediately relay the help request to the members via texcom using text messages and email.

Every message will contain specific details on how to contact dispatch and respond to requests.

### **Responding parties must respond as detailed in the message.**

A request may advise to **call** "Dispatcher Name" at 586-xxx-xxxx.

In this case as stated **call** the dispatcher and advise of availability and interest in responding.

A request may advise to **text** to "Dispatcher Name" at 586-xxx-xxxx.

In this case you must enter the number into your texting/messaging program and enter your response to the dispatcher.

**Do not reply to the message you received, it does not go to the dispatcher!**

**Do not call if the Texcom message states to text to respond!**

In all cases, include **your First and Last name** in the response.

The dispatcher will advise of any new updates to the call, information too large to type into the Texcom message, or of a sensitive nature that can't be openly distributed.

The dispatcher may also advise of a CERT Member in Charge (CIC) in charge of the call-out as well as names of other responding members and any preliminary instructions or recommended equipment.

All responding members must report directly to the CIC and follow their directions. With the exception of emergency first aid, members are not to begin response unless directed by Warren CERT. With the exception of emergency conditions members are not to leave the response without checking out with the CIC.

New members will also be advised that they are not to perform any action until the CIC arrives, new members must wait on the side lines, in safe location until given instructions by the CIC or dispatcher.

**No member will respond to a call until they have checked in with dispatch!**

In all references in the above to dispatcher it refers to the CERT dispatcher, under normal circumstances no contact will be made directly to Warren PD 911 dispatch!

Should a situation or problem develop on a call-out notify CIC immediately. If an emergency develops and CIC is unresponsive or incapacitated notify then notify Warren PD dispatch

Check and update your [texcom.com](http://texcom.com) information occasionally. Phone numbers and email addresses do change.

# do 1 thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

## Individual:

### Work, School and Community

**Goal for May:** Make sure the people who count on you are prepared for a disaster.

Disasters can happen at any time. If you are away from home do you know where to find safe shelter locations? Do you know what the emergency procedures are for your child's school or for your workplace? Will people who count on you know what to do if you can't reach them? Know how to make sure you and your loved ones are safe in a disaster, no matter where you are.

**Work, School and Community:** Make sure emergency procedures are in place for your workplace or school.

**Work, School and Community:** Give emergency kits to people who count on you (college students, elderly parents, etc.).

**Work, School and Community:** Know how others in your community will respond in a disaster.

Read More: <https://do1thing.com/topics/community>

## Business:

### Vital Resources

**Goal for Step 5:** Make sure that vital resources are available, even when you can't get back to your site

Records, systems and equipment are vital to the operation of your business. Could you continue to operate if you lost your customer or sales records? What about inventory or equipment? Identifying and protecting those resources ahead of time can save valuable time and money after a disaster, when replacements may be hard to find, if available at all.

**Vital Resources:** Identify what records, systems, and equipment are necessary to continue essential functions in your business.

**Vital Resources:** Back up vital records and equipment off-site.

**Vital Resources:** Make a Go Kit for vital resources in case you have to evacuate your building.

Read More: <https://do1thing.com/topics/resources>

Thank You to do1thing <http://do1thing.com/>

A Warren CERT Partner

## PRODUCTS PAGE

At the membership meeting yesterday safe battery storage was discussed. As shown at the meeting here is a safe and functional means of storing your batteries.

The Storacell Battery Caddy solves the problem of how to conveniently store your batteries in a compact and easy to find holder. Originally designed for pilots, the Battery Caddy is also great for photography, camping, travel or home use. The Battery Caddy is durable and break resistant and the slim and lightweight design makes it portable. There are no sharp edges to catch on clothing or bags. Storacell's patented locking system snaps batteries into place; batteries snap into place and remove easily. When ready to use, simply push the battery out with your thumb. Keep fresh batteries separate from used batteries by turning them in opposite directions.



The Storacell Battery Caddy provides the best terminal protection at both ends. Batteries left rolling around in a drawer, bag or container have the potential to cause a fire. 9V batteries can be a hazard if the double terminal comes in contact with metal objects; an electrical spark can be created causing a fire. The Battery Caddy is great for a variety of uses including outdoor activities, photography bags, emergency kits, by emergency responders and for home organization.

### Storacell Battery Caddy



[See them on Amazon](#)

[This one is on sale at Amazon](#)