



Warren CERT eNews



Not if..... When Always Vigilant - Always Prepared

Volume 6 Issue 1

January 2020

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization as well as further your capabilities in a disaster or emergency situation. - *Michael Riley*

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YOUR GUIDE TO DISASTER COOKING: FOOD FOR EMERGENCIES

Are you prepared for a disaster? From tornadoes in the summer to hurricanes in the fall and blizzards in the winter, Mother Nature can quickly take us by surprise, so it's important to take some time and think about your own emergency preparedness and disaster survival preparation.

Usually in emergency situations, the power goes out and your refrigerator, freezer, and oven become useless. If you're lucky enough to have a gas stove, you should still be able to cook, even with an electronic ignition; check your manual and be sure to keep matches available in a water-proof container. An outdoor grill can be a great appliance to use, but do not use it indoors, even in the garage.

So what do you do if you have an electric stove or oven and the weather is too bad to grill outdoors? Rely on these tips.

Tips for a Disaster

Canned and dried foods can really come to the rescue in these situations. Purchase low-sodium varieties and store them in a cool, dry place, making sure that you mark the purchase date on the product.

Collect easy recipes that use these items and store them right by the foods, along with basic utensils like a can opener, bowls, spoons, and plates.

There are lots of shelf-stable items that are not canned. Look for juice boxes, stock and broth in boxes, dried fruits and snack items, and others that can be stored without refrigeration.

Rotate your stock of canned and dried foods occasionally to be sure that your supply is fresh.

Make sure you get the Parmesan cheese sold in the plastic container. That cheese is meant to be stored at room temperature, even after the package is opened, so it's great to have on hand in an emergency pantry.

Many fruits and vegetables will hold their quality at room temperature. Apples, bananas, tomatoes, grapes, heads of lettuce, squash, onions, potatoes, celery, peppers, and other produce will keep well as long as they are stored in a cool and dark place.

Water is an important staple, not only for drinking but also for rehydrating dried foods. Have a good supply of bottled water on hand for drinking, cooking, and even brushing your teeth. At the minimum, store at least a gallon of water per day per person in your household.

Prior to Hurricane Katrina, experts recommended that you keep enough around for three days' worth of meals, but one or two weeks worth of supplies is a better idea in case of long response times.

In addition to food, a well-stocked pantry should include batteries, a radio, pet food if your household includes furry friends, bottled water, flashlights or emergency lights, candles, a can opener, matches, and any prescription medicines your family needs.

A first aid kit is also necessary; if you have the room, think about storing extra clothes and blankets, too.

Remember to keep your cell phone with you and make sure the batteries are well charged.

Remember that if you don't have a source for cooling foods, you'll need to make just enough for you to eat within 1 to 2 hours. A cooler filled with ice is fine for keeping foods cold, but it won't chill warm or room temperature foods fast enough to prevent safety problems. Either eat all perishable food within the 2 hour time frame or discard it.

If the weather is safe enough so you can grill outdoors, make dinner packets with heavy duty foil. The cleanup for these one-dish meals will be minimal, as do paper plates, cups, napkins, and plastic utensils.

Stock your pantry and stay informed. You'll feel better knowing your family is prepared.

[Read the full article here](#)

Prepare for adversity by storing an emergency supply of food and water. Earthquakes, fires, severe storms, and power outages are just some of the potential emergencies we may encounter. Imagine that you have no electricity, gas, water or telephone service. What would happen if you are told to evacuate your home in the next 10 minutes? Imagine that all the businesses are closed and you are without any kind of emergency services. What will you do until help arrives?

[Read about food storage here](#)

BACKYARD MEDICINAL HERBS

Foraging your own medicine can be intimidating. If you're just getting started, how do you know where to look? You don't need to live far out in the wilderness to find your own medicine. There are a number of powerful medicinal herbs that grow right in most people's backyards.

Within the reach of your back steps, you can likely find herbs that stop bleeding, heal wounds, treat coughs and more. There are also common backyard herbs that are currently being studied for their ability to treat major illnesses like cancer, diabetes, and AIDS.

Take a look just outside your door and see if you have any of these potent medicines just waiting to be harvested!

Broadleaf Plantain - Plantain is very popular with backyard foragers because it's common, easy to identify, and has some pretty amazing medicinal properties. Best known for its ability to treat wounds, plantain is antibacterial and promotes cell growth to help wounds heal quickly and prevent infection. It's also taken internally as a tea for diarrhea and digestive issues.

Historically, plantain is found in areas of heavy grazing because it's known to thrive in abused or compacted soils. These days, you'll likely find it in your backyard along paths where you walk the most often.

Cleavers - If you've had cleavers invade your garden, you know just how persistent this weed can be. It's just as persistent when working inside your body to fight infection. The name "cleavers" comes from the plant's ability to "cleave" illness from your body and cleanse your system.

It's commonly used as a poultice for stings and bites, and as a dried herb tea to help cleanse the lymphatic system during illness or infection.



Broadleaf Plantain



Cleavers



Yarrow

Yarrow - Yarrow is a powerful medicinal that grows wild as a perennial around the world. It's taken as a dried herb tea for colds and flu, and helps to quickly stop bleeding when applied externally. Inexperienced foragers confuse yarrow with queen anne's lace, or wild carrot. The leaves are very different and easy to tell apart if you have both in your hand, but lacking that, know that the leaves of yarrow smell of cabbage while queen anne's lace leaves have a strong carrot smell.

Red Raspberry - Considered a "woman's herb", red raspberry leaf is most commonly used to aid with fertility, menstrual cramps, and help with childbirth. In reality, it's an excellent herb for maintaining health for just about anyone. One of the reasons it works well for women's reproductive issues is because it's naturally high in minerals such as calcium, magnesium, potassium, and iron, which in the right balance nourish the body. Magnesium, in particular, is a natural muscle relaxant, which helps with childbirth, but could also be used for muscle pain of any form.

Click on pictures to learn more

WarrenCERT is not a medically trained advisor. Information is re-printed for reference only!

Aloe Vera - While people in cold climates think of aloe as a cute potted plant, in arid climates it grows like a weed. Growing up in California we'd harvest it with a wheelbarrow. Depending on where you live, starting an aloe patch in your backyard can be a great investment to your future health. Aloe is usually used externally for burns and skin irritation, but it can also be taken internally for a number of different issues ranging from inflammatory conditions to constipation.

Oxeye Daisy - Growing wild in many parts, and frequently cultivated for its beautiful flowers, oxeye daisy is used medicinally for respiratory complaints, chronic coughs, and bronchitis. Externally, it's used to treat wounds and bruises. In some parts of the world, it's eaten as a salad green. The leaves are tasty in early spring, and later in the year, the flowers are a traditional addition to salads.

Click on pictures to learn more

Mallow - Common mallow grows wild in many areas and is intentionally planted by gardeners in others. It's naturally high in soothing mucilage, which helps it treat respiratory complaints and sore throats. It has a pleasing taste, which makes taking your medicine when you're sick all the more enjoyable. Bees particularly enjoy the flowers, so it's worth planting if you don't happen to already have some growing along a fence or hedge.



St. Johns Wort - These tiny yellow flowers are common along roadsides, and modern medicine supports their traditional use for treating depression and stabilizing mood. Its latin name, hypericum perforatum, hints at the best way to identify it. The "perforatum" refers to the fact that the leaves are actually perforated and if you hold a tiny St. Johns Wort leaf up to the sunlight, you'll see it's full of tiny pinprick holes that let sunlight flow through.

Burdock - A cleansing herb, burdock root helps the kidneys filter impurities from your blood and acts as a natural diuretic. The root is usually used, and a burdock vinegar is a great digestive aid that combines the benefits of burdock root with that of raw cider vinegar. The root is also used in traditional Asian cooking, as it's both a tasty edible and medicinal plant. It can be nasty and prickly once it develops the characteristic burs, but before it goes to flower, the stock is a tasty vegetable that can be cooked and eaten like asparagus.



[Full Article Here](#)

Disclaimer: I am not a medical doctor and nothing in this article should be taken as medical advice. Please talk to your doctor before using any of the herbs and/or remedies mentioned in this article.

KNOTS

FORTY KNOTS

A VISUAL AID FOR KNOT TYING

OFFICIAL EQUIPMENT—BOY SCOUTS OF AMERICA

The Scout Seal is Your Guarantee of Quality, Excellence and Performance



OVERHAND KNOT



SQUARE KNOT



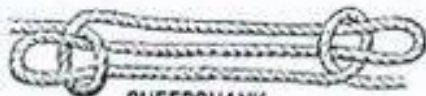
SHEET BEND



SHEET BEND DOUBLE



GRANNY KNOT



SHEEPSHANK



DOUBLE OVERHAND



BOWLINE



RUNNING KNOT



FIGURE EIGHT KNOT



OVERHAND BOW



DOUBLE CARRICK BEND



BOW KNOT



FIGURE EIGHT DOUBLE



CLOVE HITCH



HALF HITCH



TIMBER HITCH



KILLICK HITCH



HALYARD BEND



ROLLING HITCH



FISHERMAN'S BEND



TWO HALF HITCHES



CHAIN HITCH



TAUT-LINE HITCH



SLIPPERY HITCH



MIDSHIPMAN'S HITCH



TILLER'S HITCH



BOWLINE ON BIGHT



LARIAT LOOP



CAT'S PAW



LARK'S HEAD



BLACKWALL HITCH



FISHERMAN'S KNOT



FISHERMAN'S EYE



HITCHING TIE



SURGEON'S KNOT



MARLINSPIKE HITCH



MILLER'S KNOT



SAILOR'S KNOT



STEVEDORE'S KNOT

Boy Scouts of America

Can You Hear Me Now.....

Remember the cell phone add campaign that used this phrase?

Ham radio is not that much different. Knowing how we are being received is a start to making a better received signal.

If we are not heard clearly it hampers our mission that we are on as CERT members.

This goes for any tool we are using to communicate with at the time.

RST stand for Readability, Signal Strength, and Tone. Tone is referring to the use of Morse code so you can disregard that part for our use as CERT members.

Attached are 3 links that cover this subject better than I can. The first is an in-depth report on RST. The second is about VHF/UHF signal reporting.

The third is a YouTube video about RST.

Remember body language adds a lot to the communication.

<https://hamradioschool.com/practical-signal-reports/>

<https://tnqso.wordpress.com/2014/02/25/how-to-give-a-vhfuhf-signal-report/>

<https://www.youtube.com/watch?v=rMaQFo2CkCU>

The big item I took from above was take a second and give an honest report and then elaborate if needed and situation allows.

In a CERT call out short communications may be needed, and this is a way to make a concise report.

Can You Hear Me Now?

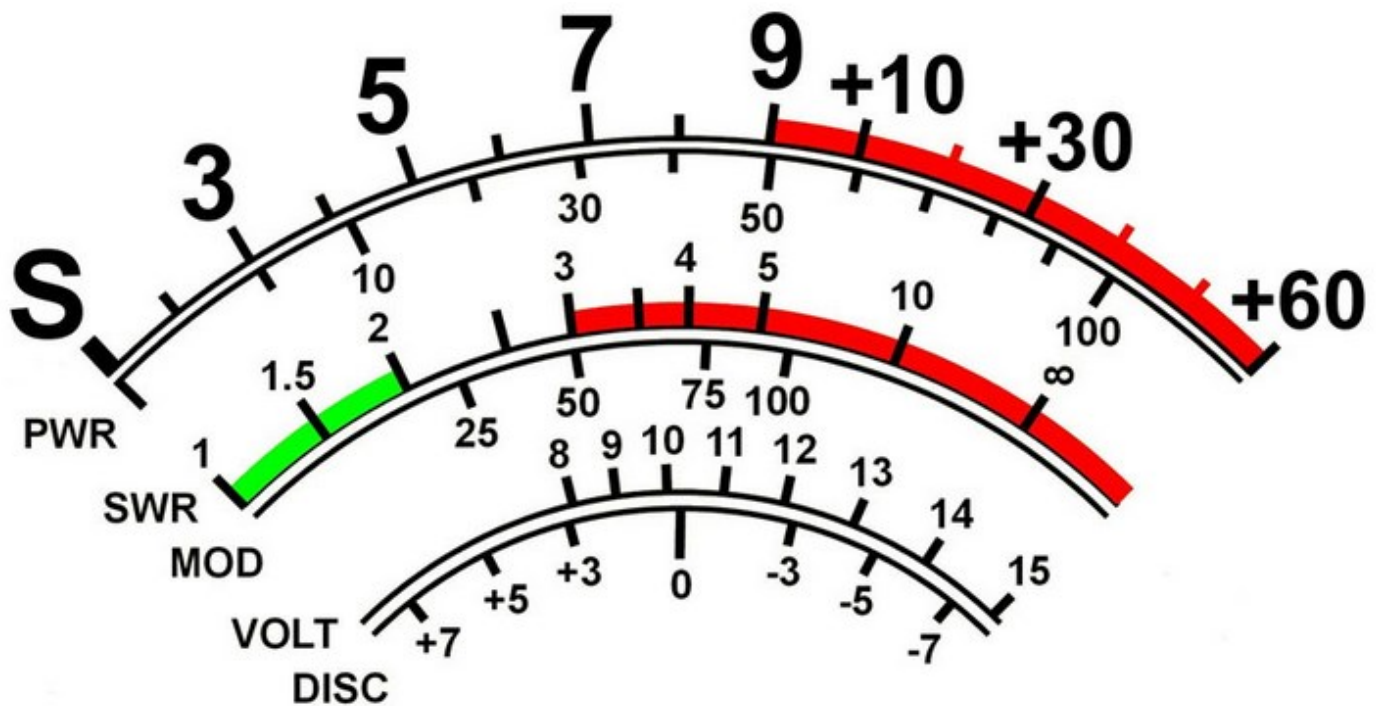
The RST system as listed on the ARRL web site, [Quick Reference Operating Aids](#)

Readability

- 1 – Unreadable
- 2 – Barely readable, occasional words distinguishable.
- 3 – Readable with considerable difficulty.
- 4 – Readable with practically no difficulty.
- 5 – Perfectly readable.

Signal Strength

- 1- Faint signals, barely perceptible.
- 2- Very weak signals.
- 3- Weak signals.
- 4- Fair signals.
- 5- Fairly good signals.
- 6- Good signals.
- 7- Moderately strong signals.
- 8- Strong signals.
- 9- Extremely strong signals.



Who can finish the crossword puzzle first?

This puzzle is amateur radio related and the answers reference the question in the technician question pool. Sections T1 to T10 are covered each month. Each month will be from a new section.

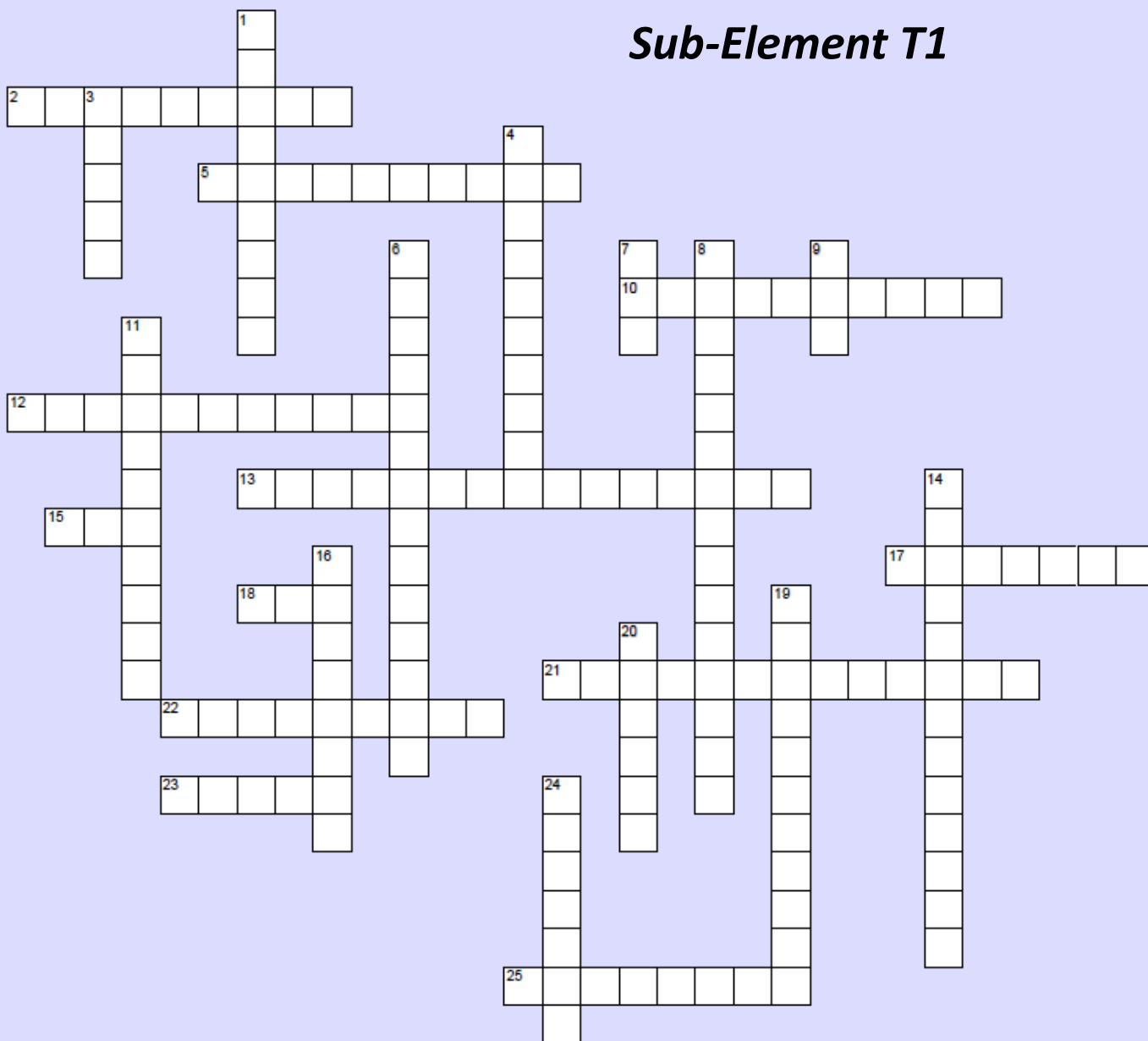
This January newsletter is the first of 10 puzzles. This puzzle is from section T1.

Google "technician amateur radio question pool" if you need help or use the webpage shown at the bottom of the questions page. Be sure the date on the question pool states, "for 2018".

The first Non-licensed Warren CERT member that emails puzzle@warrencert.org with a screen shot of the completed puzzle will win a prize.

Every member will who completes the puzzle will receive recognition in the next newsletter.

Sub-Element T1



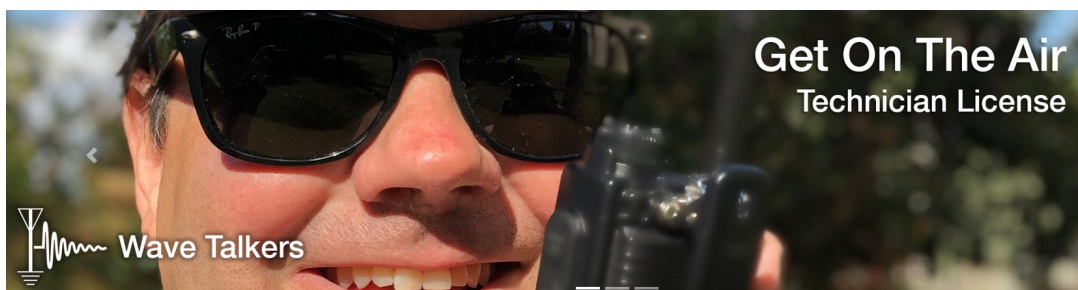
Across:

- 2: Definition of a space station. T1A07
- 5: Restrictions concerning indecent or obscene language T1D06
- 10: Max power for Tech on HF T1B11
- 12: Proof of license grant. T1A05
- 13: Purpose of Amateur Radio T1A01
- 15: Regulates rules of Amateur Radio T1A02
- 17: Language to use for station I.D. in phone T1F04
- 18: Number license grants held by one person. T1A04
- 21: What Determines transmitting privileges of a amateur station? T1E04
- 22: Band transmitting in on 146.52 MHz T1B04
- 23: When a station can transmit without a control operator T1E01
- 25: Band Tech has phone privileges T1B06

Down:

- 1: Use of phonetics for station ID T1A03
- 3: Valid call sign for Tech class station T1C05
- 4: Result of FCC letter undeliverable due to bad address T1C07
- 6: MAX power for Tech above 30 MHz T1B12
- 7: A U.N. agency for tech issues T1B01
- 8: When is it permissible to transmit messages encoded to hide their meaning? T1D03
- 9: Who may select a desired vanity call sign? T1C02
- 11: May transmit without on-air I.D. T1D11
- 14: Meaning of Broadcasting for Ham Radio. T1D10
- 16: Length of FCC Ham license T1C08
- 19: Recommends channels for repeaters. T1A08
- 20: Transmits propagation or experimental activities. T1A06
- 24: Circumstance may receive compensation for operating station. T1D08

wavetalkers.com



Emergency Kit

Visual Checklist for Disaster Supplies

 Water	 Food	 Prescription Medications	 First Aid Kit	 Baby Supplies	 Pet Supplies	 Bleach & Eye-dropper
 Mylar Blanket	 Blankets	 Sleeping Bag	 Glasses & Eye Protection	 Extra Clothing	 Personal Hygiene	 Towelettes
 Towels	 Sanitation	 Plastic Sheeting	 Tube Tent	 Backpack	 Dust Mask	 Work Gloves
 Flashlight	 Batteries	 Matches	 Candles	 Lightsticks	 Knife	 Multi-purpose Tool
 Wrench, Pliers, Crowbar	 Rope / Cord	 Duct Tape	 Can Opener	 Kitchen Items	 Scissors	 Fire Extinguisher
 Compass	 Pen & Paper	 Radio	 Cell Phone & Charger	 Whistle	 Signal Mirror	 2-way Radios
 Emergency Guide/Plan	 Family Documents	 Maps	 Camera	 Games & Books	 Extra Keys	 Cash, Travelers Checks, Coins

References


American Red Cross
www.redcross.org


Ready
www.ready.gov


Federal Emergency Management Agency
www.fema.gov


Letter or Note of Love & Hope

You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, or even a week or longer.
Ready America

1. Get a kit
2. Make a plan
3. Be informed

Checklist prepared with guidance from Craig Baldwin, Tracy Burt, Adigea Cerniak, Michelle Gregory, Hideo Konegal PhD, Andy Parish, Lisa Perler, Mark Grissas PhD, June Stephens, Tomoko Sugata and Bob Vies.
Spring 2011.


Emergency Comfort Kit Guide
www.readyamerica.gov/comfortkit.pdf


Stephens
Planning & Design

THE MONTH IN REVIEW - CALL OUTS, DEPLOYMENTS, AND EVENTS

Fri Nov 22	Member Admin Night (Carry over from Nov Calendar)
Sat Dec 7	General Membership Meeting
Sat Dec 7	Tree Lightning
Sun Dec 8	Chicago Road Closure
Wed Dec 11	New Member Orientation
Sun Dec 15	Exec Brd Meeting
Sun Dec 15	Command Truck Lights
Mon Dec 16	CERT Radio Net
Tue Dec 17	Admin Coordinator Night
Fri Dec 20	10 Mile & Warner Accident Road Closure
Sat Dec 21	11 Mile & David Givens Accident Road Closure
Mon Dec 30	12 Mile & Wolgast Down Pole
Mon Dec 30	11 Mile & Dequindre Traffic Lights Out
Wed Dec 30	New Member Orientation

522.25 Total Volunteer Hours

214.25 - Call-Out / Events

127.50 - Meeting / Training Hours

180.50 - Executive Board / Administrative / Education

Although the IRS does not assign or allow volunteer hours a dollar amount many state and federal entities do assign a value to volunteer hours.

According to todays rate of \$24.69 the CERT team has performed

\$13,035.36

dollars of service to the residents and city of Warren this month.

UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

TBD

Basic CERT Class
2020 Events are being complied

***** We are finalizing a basic CERT class Stay Tuned for Dates *****

Unless otherwise indicated meetings will be held at
Warren Community Center 5460 Arden Ave, Warren, MI 48092

Watch the CERT Calendar for the latest location information and other training dates.

[Make sure you follow Warren CERT on Facebook & Twitter](#)

<https://www.facebook.com/wrncert/>

[@WarrenCERT](#)

Get your Amateur License Now!

TECHNICIAN:

Every Thursday for 10 weeks, starting January 9, ending March 12

Time: 7-9 PM

GENERAL:

Every Tuesday for 14 weeks, starting January 9 and ending April 21

Time: 7-9 PM

EXTRA:

Every Tuesday for 14 weeks, starting January 9 and ending April 21

Time: 6-9 PM

Location: Southfield, MI Recreation Center (Basement)

FCC Exam at the last session.

Contact: W9NPI@comcast.net

Do the math....

Deadly Injury > EMS Response = No Vital Signs

Get Trained!

Average time to bleed out:

3 to 5 minutes



Average time for 1st responders to
arrive:

7 to 10 minutes

Stop the Bleed

EXECUTIVE BOARD

<u>Title</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>	<u>Ham Call Sign</u>
Director	Michael Riley	586-943-6110	mriley@warrencert.org	kd8fmg
Dep. Director	Mike Rose II	586-855-1685	mrose@warrencert.org	ke8cih
Coordinator	Mike Slupinski	586-214-4704	deploytheyak@outlook.com	w2mjs
Coordinator	Sandra Jones	586-457-6159	sgjones586@gmail.com	
Coordinator	Ron Mesic	248-830-8450	rmesic@gmail.com	n8xz
Coordinator	Eric Bordeaux	586-242-4996	ericbordeaux@comcast.net	
Secretary	Angela Middleswart	586-219-4329	amiddleswart@warrencert.org	
Coordinator	Rex Marshall	586-933-3886	rexmarshall44@yahoo.com	
Coordinator	Bill Legendre	586-872-0041	billlegendre@gmail.com	
Coordinator	Krystal Legendre	586-944-4311	krystallegendre@gmail.com	
Coordinator	Cody Birchall	586-404-6294	cdybrchll94@yahoo.com	ke8nkr

WHAT'S NEW

> Tune into the Warren CERT Radio Net - 3rd Monday of the month @ 20:45 on the KA8WYN repeater.

> The board would like to welcome Krystal Legendre and Cody Birchall to the board. Your dedication to the team and willingness to help us be better going forward is appreciated!

> Warren CERT Training Syllabus

Required for team participation after orientation (New members 2020):

IS-317 Introduction to Community Emergency Response Teams

Required Training* (for City ID and full team status):

CPR/First-Aid/AED

CERT Basic 20 hour class

Arcs & Sparks / Electrical Safety Class

Traffic Control Class

**Availability of scheduled classes will not prevent involvement in team activities.*

Encouraged Training (required for County, State or Federal Activation):

IS-100.c Introduction to the Incident Command System, ICS 100

IS-200.c Basic Incident Command System for Initial Response

IS-700.b An Introduction to the National Incident Management System

IS-800.c National Response Framework, an Introduction

Recommended Training:

IS-10.a Animals in Disasters: Awareness and Preparedness

IS-11.a Animals in Disasters: Community Planning

IS-26 Guide to Points of Distribution

IS-907 Active Shooter: What You Can Do

IS-144 Telecommunicators Emergency Response Taskforce (TERT) Basic Course

And last but not least:

FCC Technician Amateur Radio License This is singularly the most important skill you can obtain! Your amateur radio license not only would be vital should there ever be a infrastructure failure it has been shown over and over again how effective entire team communications is on call-outs and events.

The smoothest events we work are the ones where everyone can communicate!

CERT POLICIES MEMBERS NEED TO KNOW

Warren CERT ID and Lanyard can ONLY be worn when activated as Warren CERT and must NOT be visible when stored in your vehicle. Do not keep lanyards in your cup holders, hanging from your rear view mirror, or other obvious place. You need to assure it does not get stolen or is used to misrepresent the team.

When deployed on Warren CERT events, logos and ID's from any other agency's cannot be worn. This includes, but is not limited to Badges (Security, Hospital, Work, etc.), Shirts or uniforms with logos of other agencies (Police, Sheriff, Fire, Ambulance, Security, even other CERT teams). Displaying multiple identifying marks causes confusion and can possibly place you in unwanted and dangerous circumstances.

Under no circumstances should you self-deploy!! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE ON YOUR OWN! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE NOT COVERED BY THE CITY! If you decide to offer assistance without being called out by during a city sanctioned event you are doing so as a civilian and assume all responsibility.

You are authorized to use your red warning light while on official CERT call-outs or events and when you are using it according to CERT guidelines. You must be stationary while it is in use. You are only authorized to use it while in the city of Warren. Your light should not be visible outside of the city

Warren CERT has a Chain of Command and every member is subject to follow it. If you ever have any questions or problems bring it to your executive board. No member will email or call a city official concerning a CERT topic without having gone thru the executive board or Emergency Manager.

Under no circumstances should any member attempt to approach or attempt to move any downed wire!

All safety policies and procedures must be followed at all times.

All members, at all times, must exhibit professionalism.

No smoking, indecent or lewd behavior or discussion will be tolerated.

While on Call-Outs CERT team members will not have any interaction with news media or the press. Any info request will be referred to Police or Fire representatives.

Photos or videos taken by any CERT member while in the performance of CERT duties or while wearing CERT attire will never be shared with any news media or posted to social media sites!

ANY VIOLATION OF THE ABOVE GUIDELINES COULD RESULT IN DISCIPLINARY ACTION, EXPULSION FROM THE CERT TEAM OR CRIMINAL CHARGES.

IMPORTANT INFO

Remember to call 586-960-5315 and leave your name, time arrived, time departed, and what scene or event your calling about!

Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)

**Don't forget to tell your friends and neighbors, about CERT.
We're always looking for good people.**

[Apply at warrencert.org](http://warrencert.org)

Make sure you continue to receive this eLetter and are signed up to the electronic version of the official CERT calendar.

[Check your texcom.com info to assure its current!](http://texcom.com)

Warren CERT Call-Out Procedures

Warren CERT uses Texcom.com as its primary dispatch and notification system.

All CERT members must be registered with Texcom with SMS (texting) and email. *An exception is allowed for members that do not use texting or email.*

When a call out request is received from an official source the on-duty CERT dispatcher will immediately relay the help request to the members via texcom using text messages and email.

Every message will contain specific details on how to contact dispatch and respond to requests.

Responding parties must respond as detailed in the message.

A request may advise to **call** "Dispatcher Name" at 586-xxx-xxxx.

In this case as stated **call** the dispatcher and advise of availability and interest in responding.

A request may advise to **text** to "Dispatcher Name" at 586-xxx-xxxx.

In this case you must enter the number into your texting/messaging program and enter your response to the dispatcher.

Do not reply to the message you received, it does not go to the dispatcher!

Do not call if the Texcom message states to text to respond!

In all cases, include **your First and Last name** in the response.

The dispatcher will advise of any new updates to the call, information too large to type into the Texcom message, or of a sensitive nature that can't be openly distributed.

The dispatcher may also advise of a CERT Member in Charge (CIC) in charge of the call-out as well as names of other responding members and any preliminary instructions or recommended equipment.

All responding members must report directly to the CIC and follow their directions. With the exception of emergency first aid, members are not to begin response unless directed by Warren CERT. With the exception of emergency conditions members are not to leave the event without checking out with the CIC or dispatcher.

New members are not go active or perform any action until the CIC arrives. New members must wait on the side lines, in a safe location until given instructions by the CIC or dispatcher.

No member will respond to a call until they have checked in with dispatch!

In all references in the above to dispatcher it refers to the CERT dispatcher, under normal circumstances no contact will be made directly to Warren PD 911 dispatch!

Should a situation or problem develop on a call-out notify CIC immediately. If an emergency develops and CIC is unresponsive or incapacitated notify then notify Warren PD dispatch

Check and update your texcom.com information occasionally. Phone numbers and email addresses do change.

do 1 thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

Individual: Make a Plan

Goal for January: Understand what puts you at risk from disasters and take steps to lower your risk.

Disasters change things. When an emergency happens you may have to decide what to do very quickly, while you are worrying about what might happen. By planning ahead, it will be easier to make the right decisions when the worst happens.

Make a Plan: Plan what to do if you have to evacuate.

Make a Plan: Take steps now to prevent damage to your home in a disaster.

Make a Plan: Learn what disasters can happen in your area and decide what you will do in a disaster.

Read More: <https://do1thing.com/topics/plan>

Business: Risk Assessment

Goal for Step 1: Understand how an emergency or disaster could affect your business and identify potential risks

For businesses, a disaster is any event that endangers its ability to continue operating and follow its business plan. Statistics show that one in four businesses won't reopen after a disaster. New research shows that many more businesses will reopen, only to fail within a few years of a disaster, often after the business owner has exhausted their life savings trying to stay afloat. Understanding your risks is the first step to making your business disaster resilient

Risk Assessment: Identify general hazards that can occur in your community, and specific hazards from which your business may be at risk.

Risk Assessment: Understand major variables that can affect your ability to reopen after a disaster.

Risk Assessment: Take steps to protect your assets from those hazards.

Read More: <https://do1thing.com/topics/risk>

Thank You to do1thing <http://do1thing.com/> A Warren CERT Partner

For Sale

GENTRI9K Sportsman Tri-Fuel Generator

- 9000 Surge Watts / 8000 Running Watts
 - Tri Fuel Propane/Gasoline/NG Powered Engine
 - 15.0 HP 4-Stroke OHV Engine
 - Recoil /Electric Start
 - 4 - 120 Volt GFCI A/C Outlets
 - 1 - 120V Twist Lock RV Outlet
 - 1 - 120/240V Twist Lock
 - 1 - 12V DC Outlet
 - 120 Volt/ 15A / 60 Hz
 - EPA Approved
 - Oil Type: SAE10W-30 Oil (Must add BEFORE first use)
 - Oil Capacity: 38.0 fluid oz
 - Fuel Type: Unleaded gasoline octane rating of 87 or higher
 - Fuel Capacity: 7.4 Gallon Fuel Tank
 - Battery: Not Included (Generic brand XTAZ10S)
 - Decibel Rating < 80 db
- ⇒ 30lb Tank Included (Full)

Like New - used less than 5 hours.



\$900.00 O.B.O.

[emailto: generator@csguru.us](mailto:generator@csguru.us)