



Warren CERT eNews



Not if..... When Always Vigilant - Always Prepared

Volume 3 Issue 9

September 2017

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization as well as further your capabilities in a disaster or emergency situation.

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SWEDISH TORCH

For a self-contained outdoor fire with built-in cooking posts, the Swedish torch can't be beat. All you need is one log and a chainsaw.

The beauty of the Swedish torch is that once you light it, you can basically forget it. The log will slowly burn from the inside out. The cuts through the log provide natural air flow that will keep your fire ventilated. It also doubles as a cooking surface and is perfect for holding cast iron pans.

1) Find a log about 10" in diameter and 2'-3' in height. Make sure that at least one end of the log is cut level so it will stand up straight on it's end.

2) With a saw or large cutting tool, make two or three cross-hair cuts across the top of the log, cutting around 3/4ths of the way down.

3) Find some kindling and pack it into the slats in your log.



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PRESIDENT'S VOLUNTEER SERVICE AWARD (PVSA)

As another level of recognition and acknowledgement for all the time volunteered by our members CERT has added the ability for members to qualify for the President's Volunteer Service Award or PVSA.

Please go to <https://www.presidentialserviceawards.gov/register-vo> and create your own account. Each person must create your own account! To associate your account to the Warren CERT team you must reference our Record of Service Key WBU-4628

Any community volunteer work is allowed to be added for review. Any other groups or teams you volunteer can be submitted for consideration. For example RACES/ARES, Ducks Ltd., any city commission, etc. Any non-compensated training you do or volunteer work you perform may be submitted.



[Every member should log all your community service.](#)

[Awards for 2016 will be closed Sep. 1](#)

SWEDISH TORCH

CONTINUED

4) Start your log burning.

As the fire on the top of log burns, coals will fall down to then bottom of the log, igniting the lower parts of the log and providing you with a long-lasting and hot fire.



Watch as the airflow beneath the fire breaths life to it as it catches the top of the log ablaze.

<http://medianit.com/how-to-make-a-swedish-torch-all-night-campfire-with-only-one-log/>

<https://www.youtube.com/watch?v=vjQRLQTNsJo>



THE MONTH IN REVIEW - CALL OUTS, DEPLOYMENTS, AND EVENTS

08/02/2017 Callout 11/Dequindre Transformer Fire
08/04/2017 Callout Arcing Wires 8446 Berkshire
08/05/2017 General Membership Meeting
08/08/2017 Tacom FSE
08/15/2017 Leason's Fundrasier
08/19/2017 Police & Fire Open House
08/20/2017 5K Run
08/21/2017 Callout 2 Blown Transformer 25175 Hoover & 25207 Rayburn
08/24/2017 Hamilton Chevy First Responder Appreciation
08/26/2017 Birthday Bash Fire Works
08/29/2017 Callout Christopher & Otis Down Primary - Multiple Blocks

413 Volunteer Hours - Call-Out & Meeting/Training Hours
130 Hours Executive Board / Administrative

UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

Sat / Sun Sep 9 & 10 TA&M/TEEX PER-334 Search and Rescue in Community Disasters
Tue Sep.19 16:00 to 20:00 Leason's Fundraiser
Sat Sep 23rd 08:30 - 14:30 Animal Welfare Fall Clinic
Sat Sep 30th 10:00 - 12:30 - Fitzgerald HS Homecoming Parade
Sat Sep 30th 10:00 - 12:30 - Warren Woods Tower Homecoming Parade
Sat Oct 7th 09:00 - 13:00 General Membership Meeting
Tue Oct. 17 16:00 to 20:00 Leason's Fundraiser
Sat Oct 21st Harvest Treat (Details to be added)
Tue Oct 31st Halloween Candy Check
Sat Dec 2nd 09:00 - 13:00 CERT Family Appreciation Breakfast
Sat Dec 2nd 17:00 - 20:00 Tree Lightning Ceremony

[Make sure you follow Warren CERT on Facebook & Twitter](#)

<https://www.facebook.com/wrncert/>

[@WarrenCERT](#)

THUMBIAL

Finding your way through the fog when directions seem impossible.

The wilderness is a big place, and even the best of outdoorsmen will tell you a compass is vital. Hikers without one end up disoriented and cannot find their way back. They lose the sun or get caught in a fog and cannot find their way back to their camp.

If the sun is up, you can always remember that the sun rises in the east and sets in the west.

If you know your camp was in a westerly direction, you have a good idea in what direction to walk.

However, if you are caught in a mist or dense fog? You are in deep trouble. Or maybe not!

While we all should all have some kind of direction finder in our bug-out bag or pocket, if we do not this “thumbdial” method is a lifesaver! Think of it as a sundial working in reverse!

The secret of the thumbdial is that it reveals the sun’s location by revealing it’s shadow.

Begin by standing in an open area and placing the tip of a knife blade on top of your thumbnail and rotate it slowly, watching for a slight shadow to be revealed on the matte textured surface.

The location of the sun of course is on the opposite side of the knife blade from the shadow. The wide and narrow silhouette of the blade helps to accent this.

The sun’s brightness is defused in fog but still maintains a brighter presence which is revealed by the very slight shadow.

You have to really look for the shadow because it’s nearly imperceptible. Yet, once you see it you’ll understand how important it is in determining the direction you will need to travel towards.



EXECUTIVE BOARD

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FIRST AID OINTMENT

How To Make Your Own First Aid Antiseptic Ointment

This DIY antiseptic ointment is great for treating minor cuts, scraps, and abrasions. A lot of people like to use Neosporin or other antiseptic ointments, but did you know that instead of spending \$5 to \$10 on ointment, you can make your own DIY antiseptic ointment.

This homemade antiseptic ointment is packed with germ-killing properties that will help treat those everyday minor cuts, scraps, and abrasions you might have, and best of all, it's really easy to make. You will only need 6 ingredients: beeswax, coconut oil, vitamin E oil, tea tree oil, lavender essential oil and lemon essential oil.

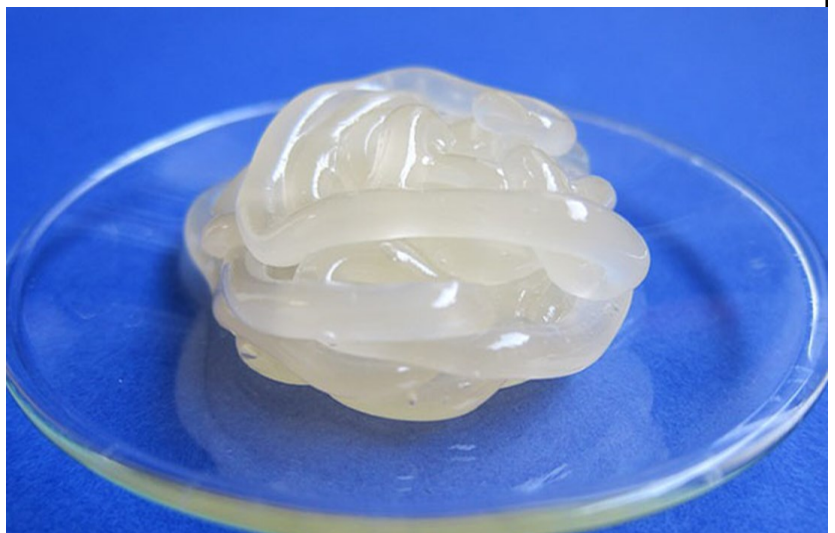
This ointment can keep fresh for 4 years if kept in a cool, dark place. I may be weird saying this but I really love how this stuff smells. So much better than Neosporin.

Ingredients

- 1-1/2 ounces beeswax, grated
- 1 Cup Coconut oil
- 1/4 teaspoon vitamin E oil
- 1/2 teaspoon tea tree oil
- 20 drops lavender essential oil
- 10 drops lemon essential oil

Ingredient Properties

- Tea tree oil: antibiotic, anti-fungal, antiviral, antibacterial
- Lavender: analgesic (pain relief), antibiotic, anti-fungal, antiviral, antibacterial
- Lemon: antibiotic, antifungal, antiviral, antibacterial
- Coconut oil: anti-inflammatory properties
- Vitamin E: Skin healing vitamin



All DIY Medical procedures and preparations should be reviewed with your Doctor before use! Use at your own risk!

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Step 1. Grate 1-1/2 ounces of beeswax using a cheese grater or just slice thinly with a knife.



Step 2. Add 1 cup coconut oil and the grated beeswax to a pot.



Step 3. Heat the coconut oil and beeswax over a low heat or double boiler until in liquid form. Once in liquid form remove from heat and add the tea tree oil, vitamin E, and essential oils and stir briefly.



Step 4. Pour mixture into sterilized jars. You can use baby food jars or mason jars. Let cool on counter. To sterilize jars either boil for 10 minutes or run through your dishwasher.



Step 5. Store in a cool, dark place. Use as needed on any cuts, scrapes and abrasions. Lasts for approximately 4 years shelf life.

<http://prepforshthf.com/make-natural-first-aid-antiseptic-ointment/>

<https://frugallysustainable.com/building-your-medicine-chest-first-aid-antiseptic-ointment/>



CERT POLICIES YOU NEED TO KNOW

Warren CERT ID and Lanyard can ONLY be worn when activated as Warren CERT and must NOT be visible when stored in your vehicle. Do not keep lanyards in your cup holders, hanging from your rear view mirror, or other obvious place. You need to assure it does not get stolen or is used to misrepresent the team.

When deployed on Warren CERT events, logos and ID's from any other agency's cannot be worn. This includes, but is not limited to Badges (Security, Hospital, Work, etc.), Shirts or uniforms with logos of other agencies (Police, Sheriff, Fire, Ambulance, Security, even other CERT teams). Displaying multiple identifying marks causes confusion and can place you in unwanted and dangerous circumstances.

Under no circumstances should you self-deploy!! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE ON YOUR OWN! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE NOT COVERED BY THE CITY! If you decide to offer assistance without being called out by during a city sanctioned event you are doing so as a civilian and assume all responsibility.

You are authorized to use your red warning light while on official CERT call-outs or events and when you are using it according to CERT guidelines. You must be stationary while it is in use. You are only authorized to use it while in the city of Warren. Your light should not be visible outside of the city

Warren CERT has a Chain of Command and every member is subject to follow it. If you ever have any questions or problems bring it to your executive board. No member will email or call a city official concerning a CERT topic without having gone thru the executive board or Emergency Manager.

Under no circumstances should any member attempt to approach or attempt to move any downed wire!

All safety policies and procedures must be followed at all times.

All members, at all times, must exhibit professionalism.

No smoking, indecent or lewd behavior or discussion will be tolerated.

ANY VIOLATION OF THE ABOVE GUIDELINES COULD RESULT IN DISCIPLINARY ACTION, EXPULSION FROM THE CERT TEAM OR CRIMINAL CHARGES.

IMPORTANT INFO

Remember call 586-960-5315 and leave your name, time arrived, time departed, and what scene or event your calling about!

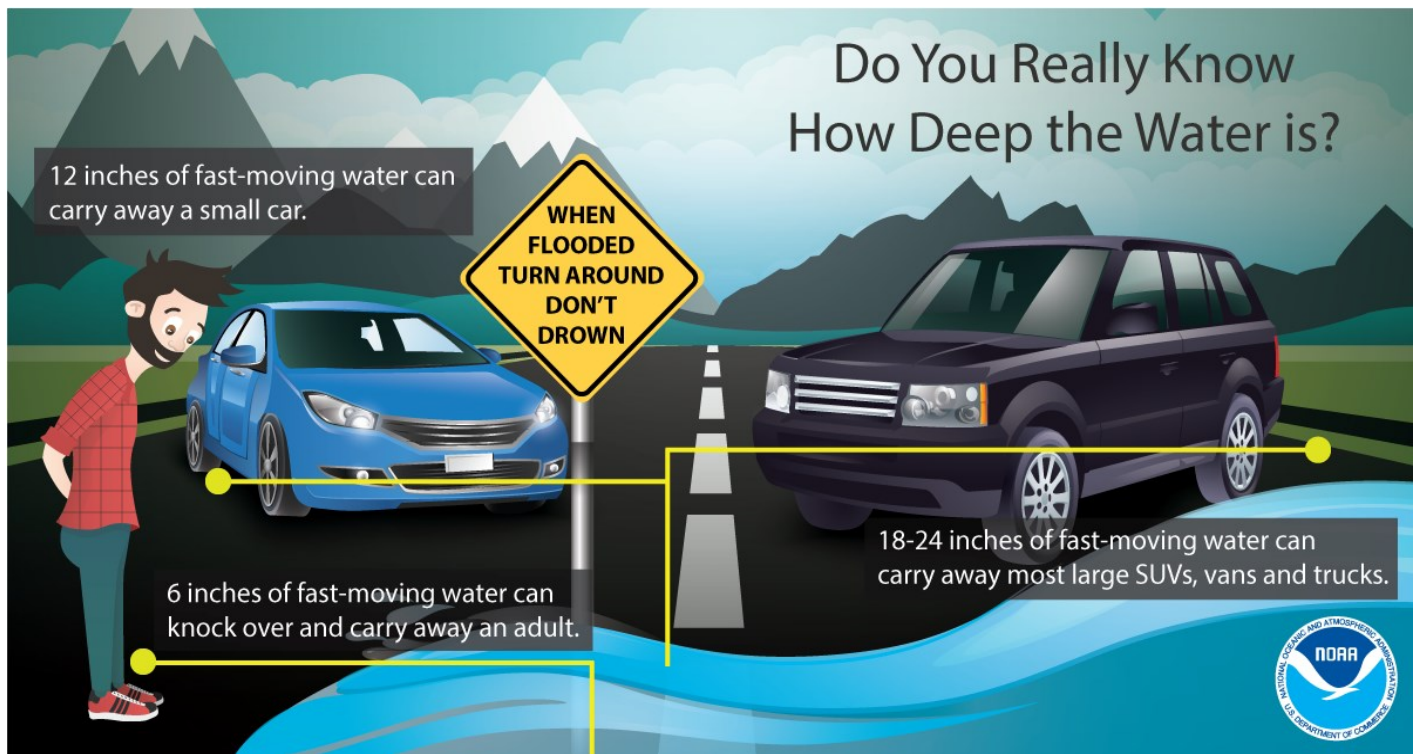
Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)

**Don't forget to tell your friends and neighbors, about CERT.
We're always looking for good people.
[Apply at warrencert.org](https://www.warrencert.org)**

Make sure you continue to receive this eLetter and are signed up to the electronic version of the official CERT calendar.

[Check your texcom.com info to assure its current!](https://www.texcom.com)

TURN AROUND, DON'T DROWN!



- * Monitor the NOAA Weather Radio, or your favorite news source for vital weather related information. If flooding occurs, get to higher ground. Get out of areas subject to flooding. This includes dips, low spots, drainage ditches, canyons, washes etc.
- * Avoid areas already flooded, especially if the water is flowing fast. Do not attempt to cross flowing streams.
- * Road beds may be washed out under flood waters. NEVER drive through flooded roadways - you do not know the condition of the road under the water
- * Do not camp or park your vehicle along streams and washes, particularly during threatening conditions. Move to higher ground if heavy rain or rising water occurs. Creeks and streams can rise very rapidly during heavy rainfall.
- * Be especially cautious at night when it is harder to recognize flood dangers.
- * If you must evacuate your home, secure your home and if possible, turn off utilities at the main switches or valves if instructed to do so. Disconnect electrical appliances. Do not touch electrical equipment if you are wet or standing in water.
- * Do not walk through moving water. Six inches of moving water can make you fall. If you have to walk in water, walk where the water is not moving. Use a stick to check the firmness of the ground in front of you.
- * Do not drive into flooded areas. If floodwaters rise around your car, abandon the car and move to higher ground if you can do so safely. You and the vehicle can be quickly swept away.
- * Six inches of water will reach the bottom of most passenger cars causing loss of control and possible stalling.
- * A foot of water will float many vehicles.
- * Two feet of rushing water can carry away most vehicles including sport utility vehicles (SUV's) and pickups.

Play it smart, play it safe. Whether driving or walking, any time you come to a flooded road, TURN AROUND, DON'T DROWN!

<http://www.nws.noaa.gov/os/water/tadd/>

do 1 thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

Individual:

Be Informed

Goal for September: Make sure everyone in your household can receive, understand, and act on information received in an emergency.

Getting correct information during an emergency is the key to taking safe action. Someone in your household may not be able to receive, understand, or act on emergency information. Think about what special needs your household may have. Take action now to make sure everyone in your family will be safe in an emergency

Be Informed: Make sure everyone in your family knows what to do when they hear emergency warnings.

Be Informed: Get a NOAA Emergency Alert Radio.

Be Informed: Make sure everyone in your household can communicate in a disaster.

Read More: <http://do1thing.com/topics/informed>

Business:

Personal Preparedness

Goal for Step 9: Increase the resiliency of your business by encouraging personal preparedness for your employees their families.

Making sure employees and their families are prepared can keep them safe when disaster strikes. Employees who feel that their families are protected will be more likely to come to work during and immediately after an event. When an employee's house and belongings survive a disaster, they are more likely to stay in the community afterwards

Personal Preparedness: Encourage your employees and their families to participate in Do 1 Thing's personal preparedness program

Personal Preparedness: If you have employees or regular customers with disabilities, take steps to ensure that they will be safe and informed in an emergency.

Personal Preparedness: Train your employees to be ready for emergencies at work.

Read More: <http://do1thing.com/topics/personal>

Thank You to do1thing
<http://do1thing.com/>
A Warren CERT Partner

PRODUCTS PAGE

Being a geek and gadget person I'm (as well as many other CERT members) always looking for cool & useful stuff.



HYDAWAY Collapsible Water Bottle

Collapsible Water Bottle

Looking for BOB stuff I came across these items. Collapsible Water Bottles are an excellent emergency device. Small size allows them to be stored in tight spaces, even multiples don't take up much room.

There are dozens of varieties making it easy to find one that fits your needs and tastes easily

Vapur Element Bottle



[Search Collapsible Water Bottles](#)

Compressed Towels



[Amazon Search](#)

