



Warren CERT eNews



Not if..... When Always Vigilant - Always Prepared

Volume 3 Issue 8

August 2017

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization as well as further your capabilities in a disaster or emergency situation.

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SURVIVAL ITEMS YOU MAY HAVE FORGOT ABOUT

Chances are your emergency supplies cover the basics, but miss out on a few of these essentials and you're not as prepared or happy as you could be.

Local Maps -We're all used to pulling up electronic mapping on our computers or phones, and navigating by GPS. You can't rely on those in even a minor disaster, and in a major collapse they definitely won't last long. Paper maps never fail and don't need power.

Shoe and Boot Laces -The bets boots aren't much good if you can't lace them up, and working knots through eyelets gets boring in a hurry. Plus you can always find uses for some strong cord. And remember: Longer laces can be cut to length; shorter ones can't be stretched.

Glasses Repair Kit - If you wear glasses you need a spare pair, but also make sure you have some extra screws, other small parts and the tools to fit them.

Duct/Gaffers Tape - This is basically a miracle substance. It can be used for all kinds of projects and repairs, and you can never have enough of it in your supplies. Don't have any? Get some. Bought a few rolls already? Buy some more!

Hand Sanitizer - Washing your hands is essential, but it also uses water. Most of the time a dollop of hand sanitizer will do the job just fine. With antibacterial hand cleaner, you can make sure that your hands are at least biologically clean, even if they aren't free of every speck of dirt. The dirt won't hurt you, but the biological stuff can.

Mechanical Clocks/Watches - In a long-term SHTF situation, electric clocks will start to put a real dent in your supply of AA batteries. A lot of them aren't EMP-resistant, either. Good old-fashioned wind-up clocks are a lot more dependable.

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SPECIAL PAGE

I'm often asked why I volunteer with CERT and other organizations and why I'll donate countless hours to train and try to help people become better prepared. My response is I enjoy it, I like helping people, it's the right thing to do and so on.

I explain I'd rather baby-sit a downed wire and allow the Fire Dept. to be available to put the fire out at my house or assist the Police Dept. so officers are available to protect what is dear to me.

All these and other reasons are 110% true and accurate why I, and others like me, do what we do. I recently received an email that can explain why I and others like me do what we do in a few short sentences:

To: mriley@warrencert.org
Subject: Thanks for your part of saving a life

Mike,

I want to drop you a note of appreciation for your part in my CPR/ First Aid training ability over the years. Last night while eating at the Wildflower Café in Clinton Twp. a man started choking. I heard the commotion, and noticed no one was helping his wife who was not being successful with the Heimlich. The man was already blue and not able to breath. That's when my training kicked in, as it has in the past, as a result of my Sheriff Office days. After 2 attempts, I got him breathing again, and all was good.

It's amazing to me how few people really know want to do, or don't want to get involved. I truly believe I saved his life, and what you are doing is very worthwhile. Training courses such as yours gave the confidence, skills, and knowledge to **save a life**. One never knows or can appreciate the training until it actually happens.

Keep up the good work,

This is why we do what we do!

CONGRATULATIONS WARREN CERT

As mentioned in last months issue we worked a new detail to assist Warren Police Dept. in a traffic detail .

As a result of the success of that detail this was sent on behalf of CERT.

Great Job **Warren**
CERT
and **Warren Police**
Explorers!

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June 6, 2017

Commissioner Jere Green
Administrative Services Bureau
Warren City Police Department
29900 Civic Center Blvd.
Warren, MI 48093

Re: Commendation

Dear Commissioner Green:

I am writing to thank your department for their assistance at the Warren Woods-Tower Commencement Ceremony last night at Bethesda Christian Church.

During the entrance and exit of participants and guests, the Warren Police Explorers and Warren's Citizen Emergency Response Team (CERT) assisted with traffic. Due to the high volume of traffic from the venue and the event taking place next door at Freedom Hill, their actions were essential. Their professionalism made the flow of traffic move smoothly and without incident.

Thank you so much for your assistance; your partnership is greatly appreciated.

Sincerely,

Stacey Denewith-Fici
Superintendent

cc: Neil Cassabon, Deputy Superintendent
Michael Mackenzie, Principal
Thomas Gurecki, School Resource Officer

www.warrenwoods.misd.net

In compliance with Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 508 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act of 1990, and the Elliott-Larsen Civil Rights Act of 1977, it is the policy of the Warren Woods School District that no person shall, on the basis of race, color, religion, national origin or ancestry, gender/sex, age, disability, height, weight, or marital status be excluded from participation in, be denied the benefits of, or be subjected to discrimination during any program or activity or in employment. For information, contact (586) 439-4422.

PRESIDENT'S VOLUNTEER SERVICE AWARD (PVSA)

As another level of recognition and acknowledgement for all the time volunteered by our members CERT has added the ability for members to qualify for the President's Volunteer Service Award or PVSA.

Please go to <https://www.presidentserviceawards.gov/register-vo> and create your own account. Each person must create your own account! To associate your account to the Warren CERT team you must reference our Record of Service Key WBU-4628

Any community volunteer work is allowed to be added for review. Any other groups or teams you volunteer can be submitted for consideration. For example RACES/ARES, Ducks Ltd., any city commission, etc. Any non-compensated training you do or volunteer work you perform may be submitted.



[Every member should log all your community service.](#)

[Awards for 2016 will be closed Sep. 1](#)

SURVIVAL ITEMS YOU MAY HAVE FORGOT ABOUT

CONTINUED

Plastic sheeting/Tarps - Heavy duty plastic sheet has almost as many uses as duct tape. Fix a leaking roof, patch up broken windows, line a tank for water storage or leather tanning. Plastic sheets or rolls are incredibly versatile, and very cheap. Plastic sheet is great, but sometimes it's not enough. Tarps can stand more abuse, they can provide shade if you're working (or relaxing) outside, and eyelets make them easy to tie down over your stuff. Plastic sheeting can also be used for a solar ground still.

Cable Ties - Neater than duct tape, faster than glue; cable ties are an excellent way of quickly securing things, and good ones are incredibly strong. Get a variety of sizes, but big ones are most useful – they can be cut down if necessary.

Bungee Cords - These are great for securing loads on your vehicle or making temporary repairs. With them, you can strap anything onto anything, even if it looks impossible

Mylar blankets - These are the things you find in survival kits or being handed out at the end of a marathon. They're great for preserving body heat in an emergency – but they have lots of other uses too. They're strong, waterproof and reflect both heat and light.

Aluminum foil - It's reflective, can be used to tweak antennas and has a whole load of cooking uses. Traveling light? Aluminum foil can make a pot for boiling water, and you can wrap food in it to cook in the embers.

Safety Pins - Make quick clothing repairs, attach small gear to yourself or your bug-out bag, hang up wet clothes or even turn into improvised fish hooks – safety pins have dozens of uses. Get assorted sizes.

Fire Blanket - An extinguisher is a one-shot solution, and in an SHTF scenario you'll struggle to replace or recharge it once it's been used. A fire blanket will reliably smother small fires, and can also be used on stove fires. Keep the extinguisher for when it's really needed.

Dust Masks - You don't want to be inhaling dust or fumes when the medical system has broken down. Masks can also give some protection against smoke inhalation and even nuclear fallout. Make sure they're NIOSH N95 standard.

WD40 - A great all-purpose lubricant that's invaluable for maintenance, repairs or resurrecting old machinery. A few cans of this are essential.

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THE MONTH IN REVIEW - CALL OUTS, DEPLOYMENTS, AND EVENTS

Sat 7/1 21118 Eastwood Downed Wires
Sat 7/1 3420 Alvina Downed Wire
Mon 7/3 Halmich Park Fireworks Patrol
Fri 7/7 MEA Festival
Sat 7/8 MEA Festival
Sun 7/9 MEA Festival
Sun 07/16 3rd Annual Family Safety Day At The Oakland County Fair
Tue 7/18 Leason's Fundraiser
Thu 7/20/2017 21071 Cyman Down Wire
Sat 7/22/2017 Shred Day
Sat 7/29 Community Emergency Response Team Animal Modules I & II Class

Approx 203 Hours - Call-Out & Meeting/Training Hours

106 Hours Executive Board / Administrative

UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

Sat Aug 5th 09:00 - 13:00 General Membership Meeting
Tue Aug 8th Full Scale Exercise - 07:00 - 15:00
Tue Aug 15 16:00 20:00 Leason's Fundraiser
Sat / Sun Sep 9 & 10 TA&M/TEEX PER-334 Search and Rescue in Community Disasters
Thu Aug 24th - Sun Aug 27th - Warren Birthday Bash
Sat Aug 26th Birthday Bash Fireworks - **They are back on!**
Tue Sep.19 16:00 to 20:00 Leason's Fundraiser
Sat Sep 23rd 08:30 - 14:30 Animal Welfare Fall Clinic
Sat Sep 30th 10:00 - 12:30 - Fitzgerald HS Homecoming Parade
Sat Sep 30th 10:00 - 12:30 - Warren Woods Tower Homecoming Parade
Sat Oct 7th 09:00 - 13:00 General Membership Meeting
Tue Oct. 17 16:00 to 20:00 Leason's Fundraiser
Sat Oct 21st Harvest Treat (Details to be added)
Tue Oct 31st Halloween Candy Check
Sat Dec 2nd 09:00 - 13:00 CERT Family Appreciation Breakfast
Sat Dec 2nd 17:00 - 20:00 Tree Lightning Ceremony

[Make sure you follow Warren CERT on Facebook & Twitter](#)

<https://www.facebook.com/wrncert/>

[@WarrenCERT](#)

Survival Books - Unless you're an expert on edible wild plants, a couple of reference books are very useful. You'll be able to identify what's safe to eat and what isn't, without any risky guesswork.

Other Books - Books are a good way to pass it even if there's no power. Pick up cheap paperbacks at yard sales or charity stores – you don't need great literature, just something to keep you occupied.

Playing Cards - Another great way to pass time. Get a book of popular card games too.

Compressed Towels – (See article elsewhere in this issue) They're about the size of a commemorative coin; but when you put them in water, they expand to their full size. That's about the size of a large paper towel, but a whole lot stronger.

Toilet Paper - Who can forget the need for good old TP? But amazingly enough, many of us do forget it. Yet, when the time comes, having or not having that roll in your BOB will make a huge difference in your comfort. If you're planning on bringing a wife, girlfriend or daughter along with you, and forget the TP, you'll never live it down.

Soap - This is another one that's super-obvious, but often forgotten. Personal hygiene is an important part of protecting your health, which is essential to your survival. A bar of soap and a tube of toothpaste will go a long way towards helping to ensure just that.

Aluminum Water Bottle - If needed they can put the bottles in the fire, to purify water.

Collapsible & Nalgene Bottles - They weight almost nothing and don't take up a lot of space. You can carry a liter of water in each of them, greatly increasing your water capacity.

Military IFAK (See article elsewhere in this edition) - Injuries are dangerous. While most people put a first-aid kit in their BOB what if you or a member of your party have a major injury? Military IFAK's provide the ability to deal with much larger injuries without having to take up a lot of space.

Spare Socks - Rarely do you see extra clothing in a BOB, and to be honest, I don't have much of it in mine, either. But I do have some extra socks. If you want to avoid blisters on your feet, you need to keep them dry. That means changing your socks when they are wet, whether from your sweat or from wading through a stream. Wool socks are better, as they wick the moisture away from your feet better.

Work Gloves - There are a lot of things out there in the wild which are more than willing to hurt your lily white hands. So, you've got two choices. You can either end up with hands that are all cut up, or you can carry some good quality work gloves with you. I hate working with gloves on, but I still carry them with me.

Pruning Saw - I don't know about you, but I've given up on the wire saw. I mean, have you ever really tried cutting a tree branch with one? Even a small branch is going to take half of forever and by then the rings on the ends will have dug into your fingers, all the way to the bone. But there's a more important reason I gave up on them, that's because in a real survival situation, they won't last. So, I carry a folding pruning saw instead. Lightweight and looking like an oversized pocket knife, it allows me to cut through those limbs quickly, saving my time and energy for other things.

WAPI - Water Pasteurization Indicator - The WAPI (water pasteurization indicator) is a little-known device that I fell in love with, several years ago. Invented several years ago for use in third-world countries, the WAPI allows you to purify water faster and using less energy than boiling. This compact device consists of a plastic capsule, with a wax bead in it. When it reaches 160 degrees, the wax melts and falls to the bottom of the capsule, letting you know that the water you are heating is now pasteurized (the bacteria are killed). That's much better than waiting for the water to boil at 212 degrees.

Plastic Bags - There is no end of uses for plastic bags in a survival situation. More than anything, they allow you to store food that you hunt or find along the way. You can also use them as emergency canteens. I carry an assortment of sizes, all made of heavy-duty plastic. The extra strength is worth paying for.

EXECUTIVE BOARD

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SURVIVAL ITEMS YOU MAY HAVE FORGOT ABOUT

Esbit Stove - Add an Esbit stove and the hexamine fuel tabs to your pack. Lightweight and compact it gives you a way of cooking, even when there isn't a stick visible for miles.

Guitar Strings - This one might sound a bit strange, but I've never found a better wire for making snares than guitar strings.

Spare Pair of Prescription Glasses - If you wear glasses, this can end up being a critical piece of survival gear. You can't see very well without glasses so always carry a spare pair.

Knife - A knife is a standard piece of equipment in any survival situation. Make sure you have one tucked away that is full-tang and durable enough to serve multiple purposes. The knife should have a handle that gives you a good grip and not one that will easily slide out of your hand. Little multipurpose knives are not going to cut it.

Paracord - Paracord has numerous uses that could save your life.

Paper Clips - Paper clips are tiny and weigh almost nothing, but they're very useful in a survival situation. Keep some stashed away in one of the pockets of your bug out bag.

Poncho - Keep at least one poncho in your bug out bag. Ponchos obviously keep you dry, but they can be used for a variety of other purposes as well.

Floss - While oral health is important, there are many uses for floss besides keeping your gums in good shape. Building shelter, mending clothes, setting traps, and even stitching wounds.

Chap Stick - A luxury that can mean the difference between dry, cracked, painful lips or healthy lips. But it can also be used for miscellaneous things like starting fires and making candles.

Bandanas - Can be tied to your pack if you are worried about them taking up space. And there are nearly 100 survival uses for them.

Glow Sticks - Glow sticks are cheap, but they are very useful.

Condoms - Condoms aren't just for their intended purpose. There are many surprising uses for them that make them worth packing in your bag.

Empty Pill Bottles - Empty pill bottles are an excellent vessel to store Vaseline soaked cotton balls, dried moss, or even matches. Once you've used up what's inside, you can save the bottle and use it for a variety of other purposes.

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SURVIVAL ITEMS YOU MAY HAVE FORGOT ABOUT

Tampons – Tampons are probably already a part of any woman's bag, but they can be used for a number of other things as well. A bloody nose can easily be stopped with a tampon or you can shred the cotton material and use them as tinder.

Pantyhose – pantyhose is a great way to keep small gear organized. They can be used as cordage or part of a filtering system for water.

Safety Pins – Safety pins are great for hanging items from your pack, off your jacket, or keeping a tent door closed. Keep several of varying sizes in your pack.

Super Glue – A couple tubes of super glue is going to be very helpful. You can use it to close a cut on your skin or repair a flapping shoe sole.

Cotton Swabs – Some cotton swabs can be used to clean a small cut, cut off to use as tinder, or used to clean a gun barrel.

Folding Shovel – A folding shovel isn't exactly small, but they do fold down to about 6 inches. A shovel with a serrated edge is perfect for cutting large branches. Use it to dig a hole for a fire pit or a hole for taking care of bathroom needs.

COMPRESSED TOWELS

The perfect addition to your camping or emergency pack are Compressed Towels. Compressed Towels allows you to carry multiple towels without taking up valuable space. Each towel is compressed into a small +/- 3/4" tablet and when water is added it expands into a +/- 10" x 10" towel. Compressed Towels are extremely cheap and so small you can carry 100's in very small spaces.

Natural and sustainable Compressed Towels are made of 100% eco-friendly rayon, with maximum absorption. Non-toxic and environmentally friendly they are both safe and sound. Compressed Towels are so soft you can use them on your skin and face, but so sturdy you won't be able to pull them apart without using force. Made through a process of folding, cutting, rolling, and compression Compressed Towels are capsule-sized, expanding in water and enlarging into square-shaped towelettes. Individually Compressed Towels have the absorption capacity of 10 paper towels.



VERSATILE WITH HUNDREDS OF USES: first aid kit, camping, hiking, biking, travel bag, backpack, picnics, emergency kit, car glove box, jacket pocket, purse, make-up removal, bathroom, kitchen, survival gear, bug out bag, go bag, gifts, rescue workers, working out, health clubs and gyms, hotels, fishing, schools, airplanes, musicians on tour, can even be used as coffee filter in a pinch! Put it around your neck to cool you down! Perfect for parents on the go!



SOFT, COMPACT CLOTH, EASY AND FAST TO OPEN: each poker chip weighs less than 2 grams but quickly opens into a soft and sturdy towel. Open with only a few drops of water. Unbleached, undyed, and naturally anti-bacterial. Soft enough to use on all parts of the body. Not scratchy. Great for cleaning surfaces and dusting; makes a great kitchen rag.

Compressed Towels are extremely biodegradable. They will breakdown in about 4-6 weeks in a composting bin.

Compressed Towels are reusable; hang it to dry when done, dries nice and soft not stiff and crunchy. Compressed Towels are machine washable if put in a mesh/delicates washable bag on a gentle setting. Hand rinsing in hot water and air drying is best.

MILITARY IFAK

The Military IFAK (Individual First Aid Kit) was designed for soldiers and airmen to carry in combat operations. In the civilian arena IFAK's are an excellent Trauma/Bleeding Control set of tools. IFAK's include a dozen mil-spec items with NSNs, including QuikClot. The tactical pouch is MOLLE Compatible.

Obtain a stock IFAK and build it up from there. A Military IFAK typically contains the following:

1	Pouch Compartment	8465-01-251-3772
1	Israeli Field Dressing, 4"	6510-01-460-0849
2	Sterile Crinkle Cottons	6510-01-503-2117
1	Bandage, Self Adherent, 3"x5yds.	
1	Triangular Bandage	6510-01-525-3695
1	Anti chap Lip Treatment	6508-01-436-0607
1	QuickClot, ACS	
1	EMT Shears, 7.25"	6515-00-935-7138
1	Tape, Adhesive, 1"x10yds.	6510-00-926-8882
1	Tourniquet	6515-00-383-0565
1	Pair of Nitrile Gloves	6515-01-519-9161

Once you have the basics you can add on items that might be useful in a disaster or everyday medical emergency.

A few extras you can stock up on are: Gauze Pads, Vet Wrap, Silvasorb Gel, Hydrocortisone Cream, Adaptic Dressings, Suture Kit



WATER PASTEURIZATION INDICATOR

The Water Pasteurization Indicator (WAPI) is a simple thermometer that indicates when water has reached pasteurization temperature and is safe to drink. It was invented by Fred Barrett and Dale Andreatta.

Pasteurization destroys all microorganisms that cause diseases from drinking contaminated water and milk. A small polycarbonate tube contains a wax that melts when water or milk is heated enough to be pasteurized, i.e., 65 °C (149 °F). This saves much fuel by eliminating the need to boil water or milk to ensure that the pasteurization temperature has been reached. [See Instructions for building WAPI's.](#)

Since water pasteurizes at temperatures well below the boiling point of water, WAPIs save time when solar pasteurizing, and save fuel when using traditional fuels.

Some people have wondered how long the water temperature must be maintained at the pasteurization temperature. The WAPI is designed so that if the wax melts, the water is definitely pasteurized. Also, it should be noted that the water will be slowly rising into the pasteurization zone and then slowly cooling down from the pasteurization temperature. This offers an extra layer of protection since harmful pathogens are being killed even at lower temperatures but at a slower rate.

[See Complete article here](#)



CERT POLICIES YOU NEED TO KNOW

Warren CERT ID and Lanyard can ONLY be worn when activated as Warren CERT and must NOT be visible when stored in your vehicle. Do not keep lanyards in your cup holders, hanging from your rear view mirror, or other obvious place. You need to assure it does not get stolen or is used to misrepresent the team.

When deployed on Warren CERT events, logos and ID's from any other agency's cannot be worn. This includes, but is not limited to Badges (Security, Hospital, Work, etc.), Shirts or uniforms with logos of other agencies (Police, Sheriff, Fire, Ambulance, Security, even other CERT teams). Displaying multiple identifying marks causes confusion and can place you in unwanted and dangerous circumstances.

Under no circumstances should you self-deploy!! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE ON YOUR OWN! IF YOU SELF-DEPLOY AND ARE INJURED YOU ARE NOT COVERED BY THE CITY! If you decide to offer assistance without being called out by during a city sanctioned event you are doing so as a civilian and assume all responsibility.

You are authorized to use your red warning light while on official CERT call-outs or events and when you are using it according to CERT guidelines. You must be stationary while it is in use. You are only authorized to use it while in the city of Warren. Your light should not be visible outside of the city

Warren CERT has a Chain of Command and every member is subject to follow it. If you ever have any questions or problems bring it to your executive board. No member will email or call a city official concerning a CERT topic without having gone thru the executive board or Emergency Manager.

Under no circumstances should any member attempt to approach or attempt to move any downed wire!

All safety policies and procedures must be followed at all times.

All members, at all times, must exhibit professionalism.

No smoking, indecent or lewd behavior or discussion will be tolerated.

ANY VIOLATION OF THE ABOVE GUIDELINES COULD RESULT IN DISCIPLINARY ACTION, EXPULSION FROM THE CERT TEAM OR CRIMINAL CHARGES.

IMPORTANT INFO

Warren CERT would like to extend a special **Thank You** to the Center Line Festival Foundation for their gracious support!! <https://centerlinefestival.org/>

The Birthday Bash fireworks are back on. Looking for all available members to assist in closing down Van Dyke Ave. on Saturday August 26th.

Remember call 586-960-5315 and leave your name, time arrived, time departed, and what scene or event your calling about!

Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)

Don't forget to tell your friends and neighbors, about CERT.

We're always looking for good people.

[Apply at warrencert.org](https://www.warrencert.org)

Make sure you continue to receive this eLetter and are signed up to the electronic version of the official CERT calendar.

Check your [texcom.com](https://www.texcom.com) info to assure its current!

do 1 thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

Individual:

Get Involved

Goal for August: Make your community stronger by getting trained and getting involved.

It takes more than police, fire and EMS to respond to a disaster. It takes people who are committed to neighborhoods, churches, schools and volunteer organizations. When people are willing to work together for the good of others, communities are stronger.

People who are involved are the key to a disaster resilient community. They are willing and able to look out for themselves and others. A resilient community is one that can withstand a disaster and get back to normal quickly (even if normal isn't the same as it was before).

Remember, community preparedness starts at home. If you know that your family is prepared at home, you will be better able to help others in your community.

Get Involved: Connect with an isolated individual in your neighborhood or start a neighborhood organization.

Get Involved: Promote emergency preparedness in your community.

Get Involved: Become a volunteer in your community (CERT, Red Cross, Neighborhood Watch, etc.).

Read More: <http://do1thing.com/topics/involved>

Business:

Community

Goal for Step 8: understand and be prepared to manage the effects of an incident on your customers, suppliers, and outside operations in a disaster

Community: Create a list of customers, suppliers and other operations which could be affected by an incident at your site.

Community: Analyze your customer base.

Community: Create a long-term diversification plan.

Read More: <http://do1thing.com/topics/biz-community>

Thank You to do1thing
<http://do1thing.com/>
A Warren CERT Partner

PRODUCTS PAGE

Being a geek and gadget person I'm (as well as many other CERT members) always looking for cool & useful stuff.



HYDAWAY Collapsible Water Bottle

Collapsible Water Bottle

Looking for BOB stuff I came across these items. Collapsible Water Bottles are an excellent emergency device. Small size allows them to be stored in tight spaces, even multiples don't take up much room.

There are dozens of varieties making it easy to find one that fits your needs and tastes easily

Vapur Element Bottle



[Search Collapsible Water Bottles](#)

Compressed Towels



[Amazon Search](#)

